

# NORTHAM RESIDENTIAL COLLEGE

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## FROM THE TOP

**The college has been extremely busy this term**, despite the term being 11 weeks long. The mid term break over the June long weekend was a welcome relief to both staff and students alike. Construction of staff housing has finally been completed, and all staff have been busy turning their respective houses into homes. The students have been forthcoming with their help and I take this opportunity to extend my heartfelt thanks to them all. Moving 110 packing boxes would have been a difficult task for me without the assistance of the students. Thankyou!

**At the beginning of term 3**, the college goes online with [yoututor.com.au](http://yoututor.com.au). I would strongly encourage all parents to consider this tuition opportunity for their children. Registrations are limited to 35 places. Cost is less than \$2 per week for the remainder of the year. Towards the end of fourth term, we will assess the success (or otherwise) of this form of tuition and in conjunction with the Northam Residential Board, decide on whether we will continue into 2008.

**College enrolments are strong** and we are receiving weekly expressions of interest for enrolments up to 2010. If you have not already re-enrolled your child for next year, it is essential this is completed by the commencement of third term.

**I recently read an article that said sometimes we get so busy doing, we forget about being.** It went on to say that whether you are pouring your energy into a professional role, learning a skill or raising children, its okay to stop along the way and just be. So I have been particularly impressed with the number of students who are regularly rising out of bed early and participating in yoga sessions this term – both boys and girls. The long term benefits of yoga are well documented and I congratulate these students for embracing alternative lifestyle choices.

As for me, this term has been extremely busy with many highs. **It is often said that the world won't stop if you take a moment to lose yourself in the beauty of life before it whistles away again.** So, after sorting out my desk, the kids and the animals, I have packed the car and along with my sister Michelle, will head off on a road trip across the Nullarbor. Of course, I wanted to go in the convertible, "Thelma and Louise style". Michelle said no way, comfort was the primary concern- apart from the fact that all the required clothes and shoes would not fit in! Ron offered the option of flying the shoes and clothes over, but common sense has prevailed, and the statesman is packed to the roof. After visiting someone special in Adelaide, I will fly onto Melbourne where Ron will join me for a week of enjoying the arts, culture, fine dining and the joy (I hope) of watching Collingwood beat Geelong at the MCG. Then it's back to Adelaide, pick up my sister, the car and start the long drive home, just in time to open the college. Organised? Hardly! I'm just ensuring the credit card is handy!

**If Michelle and I are still talking to each other at the end of being confined together for 6000kms, anything is possible!**

Until next term, have a wonderful break with your children

Kind Regards

LEANNE LEE

## CONGRATULATIONS TO THE FOLLOWING STAFF AND STUDENTS ON THEIR RECENT BIRTHDAYS.

Joshua Vince 4th April  
Mrs Leanne Lee 7th April  
Helen Phillips 14th April  
Jessica Ducker 18th April  
Troy Southcott 4th May  
Mrs Rhonda Sibley 13th May  
Mr Ron Lee 22nd May  
Amie Weston 30th May

Bianca Sanders 4th June  
Shannon Lovelock 14th June  
Mathew Brookes 23rd June  
Richard Tovey 26th June  
Jamie Broadhurst 27th June  
Lisa Campbell 8th July  
Cody Stewart 15th July  
Sarra Box 12th July

## WELCOME TO OUR NEW STUDENTS:

- Yvette Stephenson
- Erin Taylor
- Karina Hibben

## WE SAID GOODBYE TO:

- Ricky Tovey
- Jesse Diver
- Kirt Hornsby
- Samantha Porra
- Lisa Campbell
- Aime Weston

*We take this opportunity to welcome you all, and those departing students—we wish you all the best for your future*

### College Contact Numbers

Student dormitories now have phones that students can be contacted on

Girls Dormitory (Receive only)  
08 9622 2127

Boys Dormitory (Receive only)  
08 9622 2078

Dining Room Pay Phone  
(Call and Receive)  
08 9622 2078

### Supervisors Office

Phone 08 9622 1383

Fax 08 9622 5860

These numbers should be used to contact supervisors for

1. Any general enquiries / information involving your child
2. Student leave travel arrangements and permission slips
3. Student school work questions

### SUPERVISORS HAVE ACCESS TO THESE NUMBERS (FAX AND PHONE) AT ALL TIMES

Administration Office  
Fax 08 9622 2814

This fax is NOT accessible to supervisors outside of normal business hours and all weekends. This fax machine should only be used for

1. Information of a highly confidential matter
2. Any information of a financial matter
3. Any information of a non urgent, sensitive or personal matter.

Staff can also be contacted by via email

Leanne Lee (College Manager)

nrc@westnet.com.au

Trevor Turnock (Fulltime Sup.)

trevorturnock.nrc@westnet.com.au

Jane Lewis (Fulltime Sup.)

janelewis.nrc@westnet.com.au

Michelle Dunn (Part-time Sup.)

Michelledunn.nrc@westnet.com.au

Ben Rose (Full-time Sup.)

Benrose.nrc@westnet.com.au

Jodie Messenger (Part-time Sup.)

Jodiemessenger.nrc@westnet.com.au

## Healthy Living

Our students have been very active this term with many of our students involved in out of school / college activities including hockey, netball, tennis boxing, football and dance. Additionally all have been involved in college sporting activities including dancing, floorball, basketball, bridgewalks, runs, bicycle riding, golf and yoga classes.

Northam Residential College Super Chef, Mrs Joanne Brown and Mrs Lee have reviewed the menu to ensure that the college meals are healthy, tasty, satisfying, of high nutritional value and follow the state government traffic lights (red, green and amber) eating guidelines.

All staff have commented on the wonderful behavior the residents of Northam Residential College have displayed in the latter part of term two. Well done and we hope the positive behavior continues into the 3rd term.

In line with our healthy Lifestyle program, we had a dinner and all the students were requested to wear a face mask. Miss Dunn made a home made face mask from oatmeal and honey. I didn't like the look of it, so some of us got a cosmetic one off Miss Dunn. When I put it on, it was nice and cold but when it went dry it stung a bit and got really tight. This happens because it is actually helping your skin by tightening your pores and improves the appearance or fine lines and wrinkles—not that I have any!!!!!!!

Some kids didn't get involved, so they had their dinner last and missed out on a special treat.

When I took the face mask off, I was surprised how smooth and nice my face was. I think I might actually buy one and do it more often. **By Michelle Gillespie**



## Leave Arrangements

Could all parents and guardians please ensure that permission slips for weekend leave and end of term leave are returned to the college ASAP. End of term arrangements should be finalized no later than 4 weeks prior to the end of term. This allows correct staffing allocation.

Leave / permission forms allows the college staff and students to be better organized, ensuring we know when students are arriving and leaving, when we need to pick up students and organize transport thereby ensuring all students are supervised and safe.

Students returning to the college on Sunday afternoon are to be returned to the college prior to 5pm. Dinner is served at 5:30pm, followed by clean up and study. Students who are dropped off after 5pm are often disruptive to study periods, and rarely organize alternative study sessions. Commencing 3<sup>rd</sup> term students not in the college for the full Sunday evening study will be required to undertake a compulsory study period of not less than 2 hours on the following Monday. This will be strictly enforced regardless of whether a student maintains study was completed "at home" on Sunday evening.

## Clarification of Leave

*Students may visit with persons listed on weekend DAY LEAVE ONLY or to TRAVEL HOME without the need for a fax advice from parents. The following conditions apply: Persons named on the student Visitors List are over 18 years of age (or a brother/sister if under 18 years of age) have been scrutinized by parents/guardians and deemed to be reliable and trustworthy.*

*A fax in advance is required from parents/guardians giving authorization, when*

*\*A student wishes to leave the college with persons not listed on their visitors list and/ or*

*\*The student is staying overnight on WEEKEND LEAVE."*

## Thank you to everyone for their hard work cleaning up our college

Throughout May all residents and staff of the college busily cleaned, polished and gardened to ensure the college was looking its best for our visitors.

On the 31<sup>st</sup> May 2007 Mrs Lee hosted the Country High Schools Hostels Authority Board Meeting. Board members had their monthly meeting and then joined NRC Board members, community members and staff for lunch. Mrs Lee addressed the board giving them a history of Northam Residential College and presented the board with a proposal for renovations and improvements to the college grounds Watch this space for more !!!information.

## Congratulations

Congratulations to Ron and Leanne Lee on the latest addition to their family. As well as having 4 sons, 2 daughters, 1 granddaughter, one dog and one cat they are now the foster parents of a 14 year old boy - Jesse! With their daughter Jess and now Jesse we hear confusion is the norm in the house out the front!

Northam Residential College welcomes Ben Rose to full time employment. Mr Rose has been a part time supervisor for the last two years and the staff and students welcome him to his new position.

Congratulations to Trevor Turnock who is the proud owner of a new home. Also a big thank you to Mr T who has been kindly volunteering his time to teach new supervisors Jodie Messenger and Jane Lewis to drive the school bus. We salute you for your courage and commitment (Who in their right mind would teach two women to drive a bus in their spare time)

## Labelling

Could parents please ensure that all clothes coming into the college are labeled with children's names to ensure they can be returned to their owners after washing and drying.

## Ice Skating

Miss Dunn and Mr. Turnock organized a trip to Cockburn Ice Skating Rink. On the way down we stopped for pizza, every one was buzzing and energetic. When we arrived at the ice arena we had a blast from the past seeing X Huttie Adrienne. After a short wait everyone got their ice skates and ready to hit the ice. Within about 10 minutes of getting on the ice Cody fell and broke his collar bone.

Aside from Cody injuring himself everyone had an awesome time especially Lawrence who at one stage had five girls holding onto him teaching him to skate.

## FREMANTLE V's ST KILDA

On one of our outrageous trips to the great city of Perth, a handful of students decided to support the good old **FREMANTLE DOCKERS!!!**

Now at this great game which of course ended with a Fremantle win by ohhh I dunno 50 or so points ,we had an extremely **AWSOME** time..... with Tegan, Sarra and Jess hold a giant sign saying...  
**"WE LOVE TARRANT".**

This game didn't just come with a Fremantle win, Sarra scored some oldies, Tegan fell in love with Chris Tarrant again and Jess well she was almost decapitated by a young boy and his over sized St Kilda flag.

All in all the night was fantastic with some truth and dare tales on the way home which will always haunt us ( a reminder to MR ROSE your chest is yet to be waxed)!!!!



Thank you to residents at Northam Residential College for being excellent hosts to Geraldton Residential College.

Residents did us proud making Geraldton students feel welcome sharing their home and role modelling wonderful behaviours,

Saturday Evening Northam students had a disco, see pictures attached



# Meet our residents = Student Profiles



Josh Vince

## Josh Vince

I am 16, born 12<sup>th</sup> April. I'm a big footy fan, especially with the Dockers!!!! Obviously I'm an Aries but I also enjoy long walks in the rain and watching two or more hot chicks' mud wrestling in very small bikinis.

## Jack Slabbers

I'm TEE, smart, good looking, and obviously funny.

I have big muscles and even a bigger image of myself! Lol. GO FREO!!!!

P.S. Eagles suck



Jack Slabbers

I am 14 years old; I was born on the 2<sup>nd</sup> of April 1993. I grew up in Esperance and moved to Northam to attend NRC at the beginning of 2007.

## Sarah Ducker

I love sports especially footy, basketball and extreme sports including skateboarding and motor cross. I am also a state champion at junior fire brigade.

In 2002 I was involved in a serious car accident and I was out of sports for a year.

## Sarra Box

I am 15 years old. I come from Wongan Hills. I love netball, hanging with my friends and listening to music. I have a baby black faced wood swallow which is really cute and I miss very much when I am staying at Northam Residential College.



Sarah Ducker

Year: 12 DOB: 12th July 1990

Likes: hmmm food, having fun and living life to the fullest Dislikes: TUNA!!!

## D J GULLY

Thanks to the efforts of Miss Lewis the College had the privilege of a free workshop from DJ Gully. Approximately fifteen students including some from the visiting Geraldton College enjoyed the three hour course. The course covered all aspects of being a DJ from planning and coordinating a music program to special effects and timing. The new skills acquired were then put to use on Saturday night with a disco being run in the School Gym for Northam and visiting Geraldton students.

A special thank you must go to DJ Gully for time and effort put into our students. This is greatly appreciated by the Staff and Students alike.

**THANK YOU DJ GULLY**



Sarra Box



**CAN YOU HELP US WITH KNITTING NEEDLE DONATIONS PLEASE??**

In third term Mrs Bev Westcoast will be holding knitting classes at Northam Residential College. Donations of unused knitting needle (preferably large ones) would be greatly appreciated.



Saturday June 30th 2007

### BON FIRE NIGHT

On the last Saturday of Term 2 we had a Bonfire scheduled in for our activities. On the day the pile of rubbish looked miniature compared to the huge bonfire last year and with the Manager's words of "not big enough" and "bigger is better" we set about to make her happy. With a spare couple of hours we set off to fix the problem. Mr Turnock volunteered his assistance and with him in control (sort of) combined with the use of the Mighty Maverick (complete with hoist) we were able to remove a lot of dead (well almost!) trees and stumps from the college grounds and horse yards. After a great deal of deliberation we decided that the pile was much bigger than last year and a whole lot more respectable!

At about 7pm it was time to light the fire and there was some concern that due to the rain which had fallen previously the fire would not burn. Mr T made us stand back and with the aid of some Woofer Juice the fire was started in a spectacular fashion.

The fire took a long time to burn down to a level where we could cook our marshmallows (from Miss Lewis) and eat our Eagle Boys Pizzas, courtesy of a rare junk food bus run. During the night Ashley, Lawrence and Aaron showed their skills with their Cadet Cookers and cooked some eggs for us to try.

At about 11.30pm we were told to pack up and head off to bed which was a good idea because it was starting to rain.

By Jamie Broadhurst

PS Due to the fact that as Mt T dropped the match in the bonfire, a huge shock-wave rumbled through the ground and down to Mrs Lee's house. We think Mr T might have an appointment with Mrs Lee on Monday. But gee Mr Turnock, it was definitely better than last years. Thanks a lot and we are going to start rebuilding as soon as we come back from holidays-that is of course- if you still have a job!!



## NORTHAM RESIDENTIAL COLLEGE YEAR 12 CAMP TO MELBOURNE AND ADELAIDE.

1ST-6TH AUGUST 2007.

Visiting

Melbourne Cricket Game (Collingwood vs. Carlton)

Flemington Race Track

Ramsay Street (Neighbours)

Ballarat

Melbourne Zoo

Museums

Art Galleries

Designer brand outlets

Victoria Markets

City of Churches

Hahndorf

Barossa Valley

Glenelg

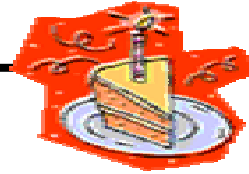
Whilst we have made the decision not to have a full college camp this year, the year 12 students can hardly contain their excitement as yet again we set off on another Northam Residential College camp experience of a lifetime. Cost to parents is only \$500 and we would again encourage all students and parents to begin saving and fundraising for the 2008 camp which will be for all college residents. Where to next year?

Darwin?

New Zealand?

Singapore?

Active fundraising now will mean the sky is the limit (almost)



## THIRD TERM DINNER MENUS

week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Roast Beef and Veges	Curry Chicken and Rice	Grilled Steak and Veg	Cheesy Bolognaise Pasta Bake	Pork Chops and Veg
2	Pasta Carbonara	Roast lamb	Chicken Cacciatore	Rissoles and Vegetables	Beef and Vegetable Pie
3	Chicken Marsala	Roast Pork	Tuna Mornay	Rissoles and Veg	Curry Lamb
4	Crumbed Steak and Potatoes Bake	Sausages and Onion Gravy	Roast Beef	Sweet Chilli and	Lasagne
5	Roast Lamb	Hame and Cheese Macaroni	Oven Baked Fish and Veges	Curry Beef and	Apricot Chicken
6	Pork Chops and Apple Sauce	Roast Chicken	Chinese Cabbage and Rice	Lamb Cutlets & veges	Beef Curry Pot Pie
7	Fish with Jacket Potatoes	Chicken Coq au Vin	Roast Beef	Curry Mince	Pork Chops and Veg
8	Sweet Beef Curry and Rice	Roast Lamb	Lasagne and Veges	Honey Chicken and Rice	Fish and Chips
9	Grilled Steak	Silverside and Veges	Roast Pork	Teriyaki Chicken	Lamb Chop Casserole
10	Roast Beef	Chicken Pot Pie	Porcupine Balls and Rice	BBQ Pork Chops	

## THIRD TERM LUNCH MENU

*Did you know?*

*One in three Australians skip lunch at least once a week.*

*Taking the time to eat lunch is critical to maintaining health. A healthy lunch is important to control weight, boost energy and increase concentration levels.*

*A lunch that is high in fibre, low in fat and is based on low GI foods also provides the long-lasting energy to help avoid mid-afternoon slump and keep you feeling good throughout the day.*

*Source: AC Nielsen Omnibus poll, CBHS website.*

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Pies/Pasties/Sausage Rolls	Cold Meat & Salad SW	M & S Roll	Cold Meat and Salad Wraps	Hot Dogs
2	Hamburger	Cold Meat & Salad SW	M & S Roll	Cold Meat and Salad Wraps	Toasted SW
3	Yumbos	Cold Meat & Salad SW	M & S Roll	Cold Meat & Salad Wraps	Hot Dos
4	Hamburgers	Cold Meat & Salad SW	M & S Roll	Cold Meat & Salad Wraps	Toasted SW
5	Sausage Sizzle	Cold Meat & Salad SW	M & S Roll	Cold Meat & Salad Wraps	Hotdogs
6	Yumbos/Ham & Cheese or Baked Bean and Cheese	Cold Meat & Salad SW	M & S Roll	Cold Meat & Salad Wraps	Toasted SW
7	PIES PASTIES S/ROLLS	Cold Meat & Salad SW	M & S Roll	Cold Meat & Salad Wraps	Hotdogs
8	Hamburgers	Cold Meat & Salad SW	M & Roll	Cold Meat & Salad Wraps	Toasted SW
9	Sausage Sizzle	Cold Meat and Salad SW	M & S Roll	Cold Meat & Salad Wraps	Hotdogs
10	Yumbos	Cold Meat & Salad SW	M & S Roll	Cold Meat and Salad Wraps	Toasted SW

SOUP AVAILABLE FOR LUNCH TUESDAYS, WEDNESDAYS AND THURSDAYS

NORTHAM RESIDENTIAL COLLEGE—THIRD TERM

Day		JULY		AUG		SEPT
1	S		W	Poker Challenge Final Yr 12 Leave for Camp	S	Perth Trip
2	M		T		S	
3	T		F	College Closes 4pm	M	
4	W		S	Closed Weekend	T	BADMINTON CC
5	T		S	Closed Weekend College opens 4pm	W	
6	F		M	Yr 12's return from camp	T	
7	S		T	VOLLEYBALL CC	F	
8	S		W		S	Perth Trip
9	M		T	Theme Dinner	S	
10	T		F		M	
11	W		S	AFL Football	T	Monday Paper Quiz Night KICKBALL CC
12	T		S		W	
13	F		M		T	
14	S		T	TOUCH RUGBY CC	F	
15	S		W	Team Pool Comp Start	S	
16	M		T		S	Sand Boarding Lancelin
17	T		F		M	
18	W		S	Movie Night Midland	T	SOCCER CC
19	T		S	Feddys v Railways	W	
20	F		M		T	
21	S		T	DODGE BALL CC	F	
22	S	College Opens 2pm	W	Team Poker Challenge	S	AFL Grand Final Dinner
23	M	Pupil free day	T		S	
24	T	Poker challenge FLOORBALL CC (School starts 8.45)	F		M	
25	W	CHRISTMAS IN JULY	S		T	CC FINALS
26	T		S	Rock Climbing	W	
27	F		M		T	
28	S	Yoga Matt Visit	T	BASKETBALL CC	F	College Closes 5.30PM
29	S	Floor ball knock out	W	Dowerin Field Day	S	
30	M		T	Dowerin Field Day	S	
31	T	NETBALL CC	F			CC: CORPORATE CHALLENGE



**Student Feedback Please**

Throughout the semester we have regular outings and daily activities.

Staff enjoy being involved and organising these activities but they would like student suggestions to allow them to better organise activities students would enjoy.

Could students please make suggestions of activities they would like run at the college and how regularly they would like to be involved in these activities. All feedback is welcome. Please see Supervisors with suggestions .



College Chatter is a weekly update of up and coming events at the college. Students please ensure you collect you copy each week and read it thoroughly.

Thankyou to Mrs Lee for reinstating the College Chatter.



The Country High Schools Hostel Authority have advised us that the Government has announced its intention to introduce human rights legislation for Western Australia. An independent committee has been appointed and is seeking views from the public. If you would like to view documents and see how you can contribute as a member of the public, then go to [www.humanrights.wa.gov.au](http://www.humanrights.wa.gov.au)

Once again there has been a significant issue this term regarding the unauthorised use and circulation of pictures via a camera phone. For the benefit of all students and parents, we advise the following Northam Residential College student handbook regulation:

25. Gold Pay phones are available for student use. Students may not receive or make calls before 7am, during study, after lights out or during meal times. Reverse charge calls are NOT to be accepted by students under ANY circumstances. Mobile phones are permissible at the college, however NO CAMERA PHONES are to be brought onto college property. If so they will be confiscated and returned by collect mail." Exemptions have been granted to year 12 students, and any student believing they have significant grounds for an exemption is required to speak to the college manager.

Should parents subsequently return a previously confiscated mobile phone to the student and it is again brought onto college property, we will have no alternative other than to permanently confiscate the phone.

## Stuck?

Need a hand with

**Maths,  
Science,  
English, or  
Assignment Research?**



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Contact College Manager, Leanne Lee.

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Email: [help@yourtutor.com.au](mailto:help@yourtutor.com.au)



## CHILDREN

To those of us who have children in our lives, whether they are our own, grandchildren, nieces, nephews, or students... here is something to make you chuckle.

Whenever your children are out of control, you can take comfort from the thought that even God's omnipotence did not extend to His own children.

After creating heaven and earth, God created Adam and Eve.

And the first thing he said was "DON'T!"

"Don't what?" Adam replied.

"Don't eat the forbidden fruit." God said.

"Forbidden fruit?"

We have forbidden fruit?

Hey Eve...we have forbidden fruit!"

"No Way!"

"Yes way!"

"Do NOT eat the fruit! " said God.

"Why?"

"Because I am your Father and I said so!"

*God replied, wondering why He hadn't stopped creation after making the elephants.*

*A few minutes later, God saw His children having an apple break and He was ticked!*

*"Didn't I tell you not to eat the fruit?" God asked.*

*"Uh huh," Adam replied.*

*"Then why did you?" said the Father.*

*"I don't know" said Eve.*

*"She started it!" Adam said.*

*"Did not!"*

*"Did too!"*

*"DID NOT!"*

*Having had it with the two of them, God's punishment was that Adam and Eve should have children of their own.*

Thus the pattern was set and it has never changed.

### BUT THERE IS REASSURANCE IN THE STORY!

If you have persistently and lovingly tried to give children wisdom and they haven't taken it, don't be hard on yourself.

If God had trouble raising children, what makes you think it would be a piece of cake for you?

#### THINGS TO THINK ABOUT!

1. You spend the first two years of their life teaching them to walk and talk. Then you spend the next sixteen telling them to sit down and shut up.
2. Grandchildren are God's reward for not killing your own children.
3. Mothers of teens now know why some animals eat their young.
4. Children seldom misquote you. In fact, they usually repeat word for word what you shouldn't have said
5. The main purpose of holding children's parties is to remind yourself that there are children more awful than your own.
6. We childproofed our homes, but they are still getting in.

#### ADVICE FOR THE DAY:

Be nice to your kids.

They will choose your nursing home one day.

IF YOU HAVE A LOT OF TENSION AND YOU GET A HEADACHE, DO WHAT IT SAYS ON THE ASPIRIN BOTTLE:

"TAKE TWO ASPIRIN"  
AND "KEEP AWAY FROM CHILDREN"!!!!

